

SCIENTIFIC PROGRAM & EVENT FLOW FOR HAIRCON 2020

The Association of Hair Restoration Surgeons, India together with the leading hair restoration surgeons from the country and abroad, strives to educate, discuss and collaborate with fellow hair restoration surgeons. HAIRCON has always been a festivity loaded with a scientific program that promises a unique opportunity for all those interested in hair restoration surgery to share their experiences, expertise and knowledge and seek practical solutions in their search to deal with problem of hair loss in men and women.

Based on the feedback received from delegates in the HAIRCON 2019, we have tweaked the format of HAIRCON. This conference is intended to provide the hair restoration surgeons with advanced knowledge of the latest innovations in the evaluation and treatment of men and women with hair loss issues. It will have three components, with each component contributing differently to the agenda - Didactic sessions, Video sessions and Panel discussions. The emphasis this time will be on the latter two.

The didactic sessions will provide the participant with knowledge of how to evaluate and treatment and women with hair loss. Advanced techniques for the evaluation and treatment of hair loss will be discussed by a faculty of national and international experts.

The video sessions will provide the participant with an opportunity to view actual procedures and techniques discussed in the didactic sessions.

The expert panel discussions will enable the delegates to better appreciate the differences and diversity of approaches to treat this condition. Both the panel discussions and video presentations will also allow the participants to interact with the faculty in a collaborative atmosphere for an open exchange of ideas.

HAIRCON 2020 will be conducted under the Presidentship of Dr. LakshayjitDhami by Dr. Sandeep Sattur as the Organizing Chairman and DrRajendrasingh Rajput and Dr Anil Garg as the scientific Chair and Scientific Secretary respectively.

The format will be topic wise discussion which means that each topic would have didactic session followed by panel discussion. At the end of each session we hope to generate a consensus statement using the ARS (Audience Response System), so that we could have uniformity of approach in dealing with hair loss. We hope that these will form the basis of guidelines for hair loss management.

CONFERENCE - DAY ONE

Date: 6th March 2020

Time: 8 am to 6 pm

Venue: Novotel, Juhu, Mumbai

INTRODUCTION TO THE PROGRAM 8-45 AM TO 9 AM

SESSION 1 (9 AM TO 10-30 AM)

Topic – Biology of hair and its importance in hair loss and hair restoration

Learner objectives

- Understanding androgenic and non-androgenic pathways in causing pattern hair loss and how these impact therapy in this condition
- To interpret the degree of nutritional implications in progress of pattern hair loss
- Deciphering genetic and epigenetic factors involved in causing and progression of pattern hair loss
- Revisiting the concept of donor dominance

Moderator: Dr. Venkataram Mysore

Date	Time	Topic – Biology of hair and its importance in hair loss and hair restoration	Speaker
6 th March	9 am to 10-30 am		
12mins	9 am to 9-15 am	Androgenic and non-androgenic pathways causing pattern hair loss and their impact on therapeutic	Dr. Sandeep Sattur
12mins	9-15 to 9-30	Genetic and epigenetic influences on hair loss	Dr. Kumaresan M
15mins	9-30 to 9-45	Donor dominance and recipient site influences – impact on hair transplantation outcomes	Dr. Samuel Lam
10 min	9.45 to 9.55 am	Role of sebaceous gland in hair growth	Dr. Rachita Durat
12mins	9-55 to 10.05 am	Role of nutrition in hair follicle physiology	Dr. Aseem Sharma
30 mins	10 .05am to 10-30 am	Panel discussion on the above topics and Q&A	

TEA/COFFEE BREAK 10-30 AM TO 10-45 AM

SESSION 2 (10-45 AM TO 12-15 PM)

Topic – Hair loss - Patient assessment and Management– Part 1

Learner objectives

- Importance of Trichoscopy in patient assessment

- Decision making in pattern hair loss
- Consolidating data on conventional therapy in pattern hair loss
- Current status of 5-Alpha reductase inhibitors

Moderator: Dr. AmanDua

Date 6 th March	Time 10-45 am to 12-15 pm	Topic – <i>Patient assessment and Management</i>	Speaker
12mins	10-45 to 11 am	Trichoscopy essentials for the hair restorative surgeon	Dr.Udhay Khopkar
12mins	11 am to 11-15 am	Pattern hair loss – Current perspectives and evidence based treatment update	Dr.Anil Garg
12mins	11-15 am to 11-30 am	Pattern hair loss – Newer treatments	Dr.Narendra Pat-wardhan
12mins	11-30 am to 11-45 am	5 – Alpha reductase inhibitors - where do we stand today	Dr.AnikethVenka-tram
30 mins	11-45 am to 12-15 am	Panel discussion on the above topics and Q&A	

LUNCH BREAK AND ROOM CHECK - IN FOR DELEGATES STAYING AT NOVOTEL – 12- 15 PM TO 1-30 PM

SESSION 3 (1-30 PM TO 2 PM)

Chairpersons: Dr.LakshyajitDhami, Dr.Ramachandran

Golden Peacock oration – to be delivered by Dr. Samuel Lam- Topic: Eyebrow restoration

SESSION 4 (2 PM TO 3-30 PM)

Topic: Hair loss - Patient assessment and Management – Part 2

Learner objectives

- Exploring efficacy and safety of newer therapies
- Platelet Rich Plasma - Current status in hair loss management
- Stem cell therapies - Do these work or they are a hoax
- Long term management of a young patient with pattern hair loss

Moderator:Dr. Samuel Lam

Date 6 th March	Time 2pm to 3-30 pm	Topic – Patient assessment and Management – Part 2	Speaker
12mins	2 pm to 2-15 pm	ISHRS - session	Dr.Kapil Dua
12mins	2-15 pm to 2-30 pm	PRP – evidence based assessment for efficacy	Dr.Sukhbir Singh

12mins	2-30 pm to 2-45 pm	Role of Nutritional supplements in overall management of pattern hair loss	Dr.Rajendra Singh Rajput
12mins	2-45 pm to 2.55pm	Stem cell therapies for hair loss – review of safety and efficacy	Dr.Venkatram Mysore
10 mins	2.55 pm - 3.05 pm	Stem cell therapies for hair loss – role of fat stem cells	Dr.Aniketh Venkatram
30 mins	3pm to 3-30 pm	Panel discussion on the above topics and Q&A	

TEA/COFFEE BREAK 3-30 PM TO 3-45 PM

SESSION 5 (3-45 PM TO 4-45 PM)

Topic: Hair loss –Emergency preparedness in hair transplantation

Learner objectives

- Anticipating potential emergency situations during and after hair transplantation
- Preparing for these emergency situations
- Managing emergencies

Moderator:Dr.Indu Sattur

Date 6 th March	Time	Topic –	Speaker
10 mins	3.45-3.55 pm	Potential emergency situations during and immediately after hair transplantation	Dr.Mayank Singh
10 mins	3.55-4.05 pm	How to prepare to deal with emergency situations during hair transplantation - Identifying red flags before hair transplantation	Dr.Kapil Dua
10 mins	4.05-4.15	Case discussion on the death after hair transplantation	Dr.Seema Garg
30 mins	4.15-4.45pm	Panel discussion on the above topics and Q&A	

Panelists : all speakers of this session, Dr.Renuka Anvekar, Dr.Koulsoum

SESSION 6 (4-45 PM TO 5-30 PM)

Topic: Video session

Learner objectives

- Demonstration videos of patient planning, hair line design, strip harvesting and closure, FUE harvesting, graft implantation with pre-made recipient sites, implantation with implanters and implantation with stick and place.
- Videos of using different devices for FUE, Harvesting beard hair ,

- Harvesting Chest hair

Chairpersons: Dr.Anil Garg

Date	Time	Topic – Video session
6 th March	10 videos of 4 mins each	Hair line planning- Dr.Sam Lam Anesthesia for hair transplant - Dr. Kumaresan M Strip harvest and closure – Dr.Manoj Khanna Trichophytioc closure- Dr.Pradeep Atodaria Graft dissection and slivering – Dr.Rajendra Singh Rajput Implantation with no touch to root and stick n place – Dr. Seema Garg Implantation with dull implanters - Dr.Mauro Speranzini(recorded session) FUE with manual extraction – Dr.Viral Desai

SESSION 7 (5-30 PM TO 6 PM)

Topic – Open house 1

Learner objectives

- To discuss ethical practices – avoiding ghost surgeries
- To discuss all aspects of setting up and managing a hair transplant practice
- To discuss any points related to the performance of hair transplantation

Moderators: Dr. Venkataram Mysore

Date	Time	Topic – Open house
6 th March	5.30 – 6.00 PM	Dr.Sam Lam,Dr. Manoj Khanna,Dr. Kumaresan, Dr.Puli Reddy, Dr.Suneet Soni, Dr.Mayank Singh, Dr.Sukhbir Singh

Board OF Governors Meeting

Time: 6.30 PM - 7.30 PM

INAUGURATION OF HAIRCON 2020

Time: 8 pm to 8-30 pm

Venue: Novotel, Juhu, Mumbai

WELCOME DINNER

Time: 8-30 pm onwards

Venue: Novotel, Juhu, Mumbai

CONFERENCE - DAY TWO

Date: 7th March 2020

Time: 8-30 am to 6 pm

Venue: Novotel, Mumbai

SESSION 8 (8-30 AM TO 9-40 AM)

Topic: FUE Part 1

Learner objectives

- To understand the physics behind FUE
- Discussion of the rudiments of FUE procedure
- Choosing the punches and FUE devices
- To understand indications and contraindications to FUE
- Planning and executing FUE procedure successfully

Moderator: Dr. Kapil Dua

Date 7 th March	Time	Topic – FUE	Speaker
10 mins	8.30-8.40 am	Deciding patient candidature for FUE	Dr.Arika Bansal
10 mins	8.40-8.50 am	Analyzing punch characteristics for optimal usage	Dr.Kapil Dua
10 mins	8.50-9.00 am	Comparing - Different FUE devices	Dr.Mauro Speranzini(recorded presentation)
10 mins	9.00-9.10 am	Future of FUT	Dr.Samuel Lam
30 mins	9.10-9.40 am	Panel discussion on the above topics and Q&A	

SESSION 9 (9-40 AM TO 11.00 AM)

Topic: FUE Part 2

Learner objectives

- Reducing transection rates
- Handling and implanting FUE grafts - ideal method of implantation for FUE grafts
- Use of FUE in non-scalp areas beard and chest
- Optimizing scalp and non-scalp harvest

Moderator:Dr.Anil Garg

Date 7 th March	Time	Topic –	Speaker
-----------------------	------	---------	---------

10 mins	9.40-9.50 am	Measures to reduce transection rates	Dr.AmanDua
10 mins	9.50-10.00 am	Implantation of FUE grafts - a crucial step for optimal growth	Dr.SajjalHalder
10 mins	10.00-10.10 am	Beard FUE overview	Dr.Anil Garg
10 mins	10.10-10.20 am	Chest FUE Overview	Dr.Amit Kerure
6 mins	10.20-10.30	HT instrumentation	Sponsored session Guru Hair instruments- Dr.Aklish Jain
25 mins	10.30-11.00am	Panel discussion on the above topics and Q&A	

TEA/COFFEE BREAK – 11.00 AM TO 11.15 AM

SESSION 10(11.15 AM TO 12-15 PM)

Topic: Integrating strip harvest with FUE

Learner objectives

- How combining different harvesting techniques can optimise donor yield
- Value of strip harvest today in the hair restoration practice
- Patient assessment, Indications and patient selection for combination of two different techniques of donor harvest

Moderator: Dr. Rajendra Singh Rajput

Date	Time	Topic –	Speaker
7 Th March			
10 mins	11.15- 11.25 am	Is strip harvest is relevant in hair restoration practice today?	Dr.Manoj Khanna
10 mins	11.25-11.35 am	The logic of combining strip harvest with FUE	Dr.Mayank Singh
10 mins	11.35-11.45 am	Hair transplantation in Female pattern hair loss	Dr.Anand Joshi
30 mins	11.45-12.15 am	Panel discussion on the above topics and Q&A	

SESSION 11(12-30 TO 12-50 PM) AHRS ORATION

Chairpersons: Dr.Anil Garg, Dr.Puli Reddy–

To be delivered by Dr. Ramachandran K - A Cosmetic Surgeon's Tryst with Hair Transplant

LUNCH SESSION 12-50PM TO 1-30 PM

SESSION 12(1-30 PM TO 2-45 PM)

Topic: Non scalp restoration

Learner objectives

- Understanding facial hair loss
- Specifics of beard and moustache
- Eyebrow restoration
- Eyelash restoration
- Other non-scalp restorations

Moderator: Dr.Anil Garg

Date & th March	Time	Topic –	Speaker
10 mins	1.30-1.40 pm	Facial hair – aesthetics and loss	Dr.AmanDua
10 mins	1.40-1.50 pm	Facial hair restoration	Dr.Ramchandran K
10 mins	1.50-2.00 pm	Planning and executing beard and mustache hair transplant	Dr.Kapil Dua
10 mins	2.00-2.10 pm	Body hair harvesting - Paper presentation	Dr. Bhawana
10 mins	2.10-2.20 pm	Technique of eyelash restoration	Dr. Sukhbir Singh
25 mins	2.20-24.45 pm	Panel discussion on the above topics and Q&A Panelist- Dr.Aman Dua, Dr.Ramchandran K, Dr.Kapil Dua, Dr. SUkhbir Singh	

SESSION 13(2-45 PM TO 4 PM)

Topic: Complications

Learner objectives:

- Potential complications with hair transplantation
- Managing complications
- Managing an unhappy patient

Moderator: Dr. Kapil Dua

Date 7 th March	Time	Topic –	Speaker
10 mins	2.45-2.55 pm	Donor area Complications specific to strip harvest and FUE	Dr. Sumit Agarwal
10 mins	2.55 - 3.05 pm	Recipient area complications after hair transplant	Dr. Viral Desai
10 mins	3.05-3.15 pm	Managing hair transplant cripple	Dr. SuneetSoni
10 mins	3.15-3.25 pm	Managing patient expectations and avoiding an unhappy patient	Dr. Venkataram Mysore
10 mins	3.25-3.35 pm	How to tackle unhappy patients	Dr. Manoj Khanna
35 mins	3.35- 4.00 pm	Panel discussion on the above topics and Q&A	

TEA/COFFEE BREAK 4 PM TO 4-15 PM

SESSION 14(4-15 PM TO 5-15 PM)

Topic:Non-patterned hair loss and its relevance to hair transplant surgeon

Learner objectives:

- Recognizing different types of pathological hair loss
- Identifying alopecias which mimic pattern hair loss
-

Moderator: Dr. Narendra Patwardhan

Date 7 th March	Time	Topic –	Speaker
7 mins	4.15-4.22 pm	Alopecia areata in hair transplant practice	Dr. Amit Kerure
7 mins	4.22-4.29 pm	Hair transplant in Cicatricialalopecia - Paper presentation	Dr. SyedMubashir
7mins	4.29-4.36 pm	Hair loss in pediatric age groups	Dr. Chitra Nayak
7mins	4.36- 4.43 pm	Imposters – Non patterned hair loss mimicking PHL	Dr. Kumaresan M

32 mins	4.43-5.15 pm	Panel discussion on the above topics and Q&A Panelist - DR. Amit Kerure, Dr. Chitra Nayak, Dr.Kumaresan M	
---------	--------------	---	--

SESSION 15(5-15 TO 6 PM)

Topic: The art of consultation in hair restoration practice

Learner objectives:

- Understanding patient expectations and concerns
- Conflict free counselling

Moderator: Dr. Seema Garg

Date	Time	Topic – The art of conflict free consultation	Speaker
7 th March	5.15- 6.00 pm	SKIT by doctors showcasing common errors during consultation 1. Consultation in HT 2. Ghost world	Dr. Anil Garg and team

ANNUAL GENERAL BODY MEETING OF AHRS, INDIA

Venue – NOVOTEL, JUHU, Mumbai

Time 6-30 pm to 7-30 pm

VALEDICTORY FUNCTION

Venue – Novotel Juhu, Mumbai

Time 7-30 pm to 8 pm

BANQUET Venue: NOVOTEL JUHU MUMBAI Time 8-30 pm onwards

CONFERENCE - DAY THREE

Date: 8th March 2020

Time: 8-30 am to 2 pm
Venue: Novotel, Mumbai

SESSION 16(9-00 am to 10-30 am)

Topic: Free Papers

Chairpersons: Dr.Sukhbir Singh &Dr. Ramachandran K

1. Innovative Instrument for Multiple “Sagittal” Recipient sites: Saving Surgeon’s Time - **Dr.Pradip Atodoria**
2. Improvement in the Quality of Life (QoL) of patients with androgenetic alopecia (AGA) and female pattern hairloss (FPHL) after treatment with hair transplantation or hair patches. **Dr.Nida**
3. Growth pattern of transected grafts : A study of twenty patients- **Dr.Ummer Yaseen**
4. Evaluation of Serum Vitamin B12, Vitamin D3, Ferritin, and TSH in 200 adult females with Diffuse Hair Loss. **Dr.Poornima Nair**
5. A comparative study of Microneedling with PRP versus Fractional CO2 Laser with PRP in management of Male Pattern Hair Loss- **Dr.Katavya Banker**
6. Long term utility of Follicular Unit Extraction in Cicatricial Alopecia- A Histopathological and Ultrasound Biomicroscopic correlational study. **Dr.Sanobar Daruwala**
7. Most Challenging Cases in Hair Transplant - **Dr.Akhilendra Singh**
8. Recipient site creation with various instruments - techniques for reducing vascular damage- **Dr.Pradip Atodoria**
9. Hair transplant in transgender patients : **Dr.Umang Kothari**

SESSION 17(10-45 AM TO 11-30 AM)

Topics: QUIZ – Dr.Mayank Singh, Dr.Sukhbir Singh, Dr.Kumaresan,Dr. Aseem Sharma.

SESSION 18(11-30 am to 12-30 pm)

Topic: Scalp MicroPigmentation (SMP) and other camouflage techniques

Learner objectives:

- **Understand the positioning of camouflage techniques in managing hair loss**
- **Understanding the technical aspects and indications of SMP**
- **How hair systems can be used to manage hair loss**

Moderator: Dr. Sandeep Sattur

Date	Time	Topic –	Speaker
7 th March			
10mins	11.30-11.40 am	Difficult cases in Hair restoration	Dr.Venkatram Mysore

10 mins	11.40-11.50 am	Scalp Micro pigmentation	Dr. Rachita Durat
10mins	11.50-12.00 am	Holistic approach to hair loss	Dr. Sandeep Sattur
6 mins	12.00-12.06 pm	Gro Factor Hair systems	sponsored session- Zydus pharma- Dr. Viral Desai
30 mins	12.06-12.30 pm	Panel discussion and Q&A on the above topics	

SESSION 19(12-30 PM TO 1-30 PM)

Topic: OPEN HOUSE – Pot Pourri

Panelists: Dr. Anil Garg, Dr. Rajendrasingh Rajput, Dr. Sandeep Sattur,

LUNCH 1-30 PM ONWARDS

END OF CONFERENCE

